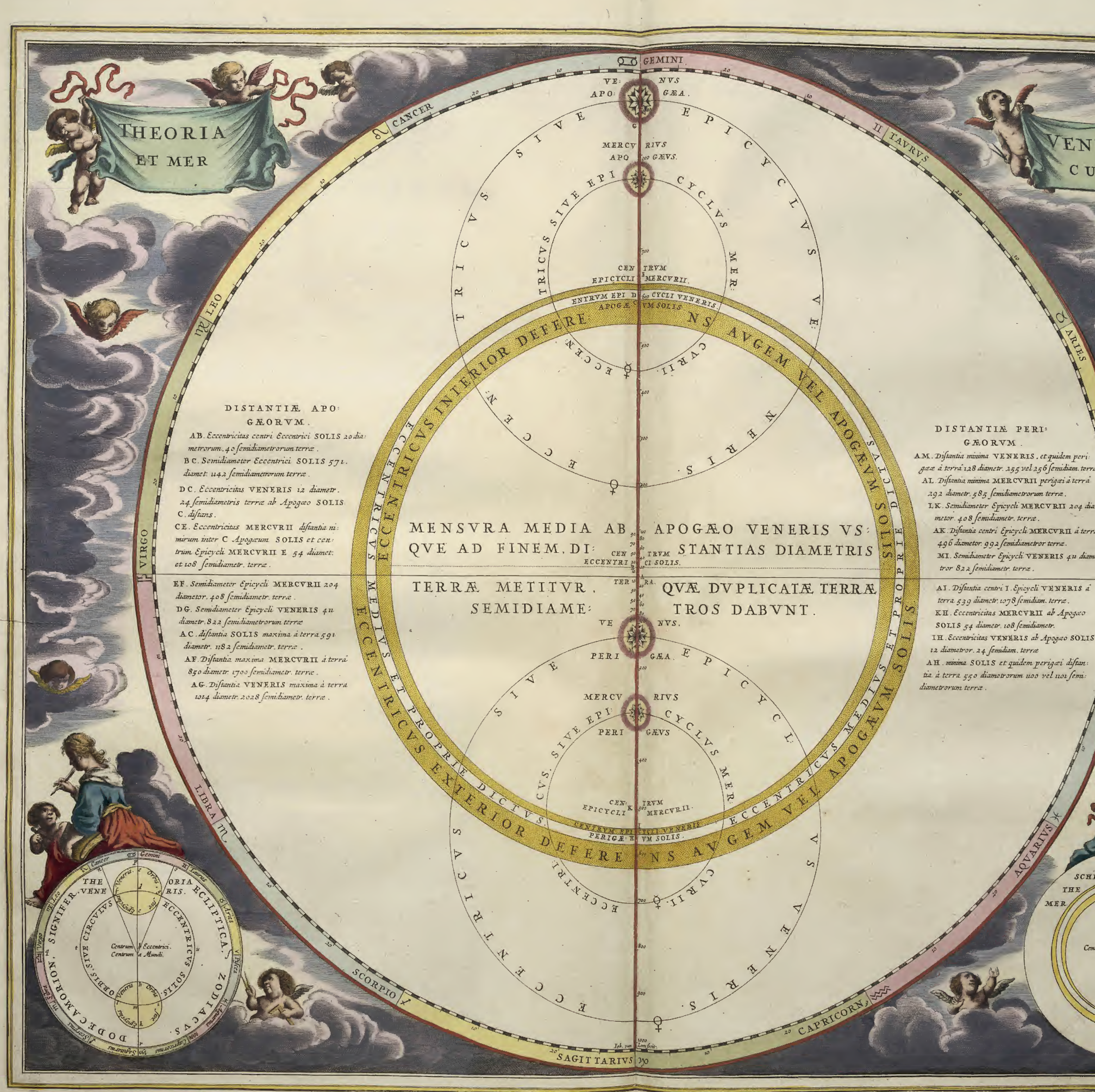THEORIA ET MER